Welcome back to school for Term 3. I hope all the children had a restful and exciting holiday period and are all ready to work hard during the 2nd Semester.

THIS WEEK AT UPWEY PRIMARY SCHOOL
WITH A PASSION! “PASSIONS 2013”
What a terrific start to our annual Extracurricular Activities Program! All children were certainly motivated by the activities organised by volunteers and staff. We have an excellent selection of activities and results are already being noticed. Thanks again to all staff and volunteers.
The program will be held on Thursday afternoons from 2:00 until 3:30 pm will be continuing on Thursday 25th July, Thursday 1st August and Thursday 8th August.
Ruby
For an excellent project on Monkeys. She was also able to accurately complete a report checklist on her own.

Joshua
For working hard on completing Maths tasks. He keeps asking questions until he understands the topic such as subtraction using MAB cards to show tens and ones.

Jacob
For showing persistence with his project to build a corrugated cardboard house. He wanted a second storey which proved to be challenging.

ONE MORE VOLUNTEER PLEASE
I am still after one volunteer to assist in Mrs Rowles group with Papier Mache. Please contact the office or me directly if you are able to assist on Thursday afternoons for the next 3 weeks. Thanks to all those who have already volunteered; you should have received an information sheet with details you require.

WORKING BEE – SATURDAY 13TH JULY
Thanks to those who attended the Working Bee on Saturday 13th July. David M, Wendell H and I completed the replacement of the old basketball backboards on the basketball court for the brand new ones. We also put new toilet roll holders in the boys and girls toilets and completed a few minor repairs in the toilets. Thanks to the PA/Fundraising Committee for providing the funds for the new backboards and rings. Your money at work!

Michelle My worked tirelessly in removing the cut down branches from the playground near the double storey building and Mr G did a great job in re-organising the Garden Shed. All in all a terrific day’s work.

ATTENDANCE AWARDS FOR TERM 2
Silver Attendance Awards were presented to children this week in the classrooms. The awards recognise the children with extremely high attendance and minimal absences for each term of the year, and congratulate them on their record. (Silver Attendance awards recognise 94 – 99% attendance for Term 2). This term we had 8 Gold Awards and 45 Silver Awards which was a very good result.

MRS EELES ON LEAVE – WELCOME ONCE AGAIN TO MRS SLAVNIC
Mrs Eeles is on leave for the first 4 weeks of Term 3. Mrs Slavnic has settled in extremely well with Grade 1/2E and the children have adjusted very well.

Mrs Eeles will be taking 4 weeks Long Service Leave and enjoying visiting Malta and then going on to England. I am sure she is enjoying the trip although we have not heard from her yet. (She must be enjoying it too much!)

MRS HICKEY’S VISIT
We were fortunate to have a visit on Tuesday from Mrs Hickey with baby Jackson. Mrs Hickey went into the yard to show off her new family addition and many of the children (and a few parents) had the opportunity to see them both. We will watch Jackson’s growth with great interest. Thanks Mrs Hickey for coming along. We also enjoyed seeing (and hearing!) Jackson.

COMING EVENTS
HOOP TIME - BASKETBALL – 5/6R
The Year 5 & Year 6 children will now be participating in the McDonalds Hoop Time Basketball Competition scheduled for Wednesday 7th August. We will be having 1 Rookies and 1 Future Stars teams. Permission notices will be distributed soon. Children will be selected for the teams after lunch time trials. Parent assistance for scoring will be needed, so please volunteer if you are able to help out.

The Year 5/6 children will be wearing our new Basketball Uniforms for the first time. Thanks to the PA/Fundraising Committee for providing the funds to buy the new uniforms. Your money at work again!

SCHOOL COUNCIL
The next meeting of the School Council will be held on Monday 22nd July at 7:30 pm in the staffroom. All Councillors will received their information today via email or a hard copy.
FOR YOUR INFORMATION
OUR 7 AGREEMENTS—“RESILIENCE”
As part of our Tribes Learning Community approach we encourage the following of Our 7 Agreements and from these we will be concentrating on RESILIENCE over the next few weeks. Resilience is always a hard value to describe but the grades will be interpreting Resilience in child language/terms and making greater sense of how to show resilience. Please be aware of our focus and support where possible.

PLAYGROUP
Our Playgroup is organised by Emma G on Fridays from 9:30 until 11:00 am. We have vacancies due to a parent returning to work commitments so please tell your friends or contact the office if you are interested in joining the group. There is no cost for joining our playgroup.

REMINDEERS
YEAR 5 & 6 FOREST LODGE CAMP PAYMENTS
The deposit of $150 to confirm a place in the Year 5 & 6 Camp to Forest Lodge Farm in Gippsland (Monday 19th until Friday 23rd August) should have been paid by now. Parent Instalment Payments may be made over coming weeks if paying by instalment. The remainder payment of $250 is required by Friday 9th August. (Total cost of $400) Information relating to clothing list, medical forms and final permission forms will be available next week.

SUSTAINABILITY—“CARRY IN, CARRY OUT” Rubbish Free day will continue every Wednesday to support and emphasise our drive to maintain a more sustainable school environment. This will require that everyone (staff and children) in the school will either use only Rubbish Free Play Lunch & Lunch or take home any rubbish on every Wednesday. The aim is to minimise our waste. The response continues to be extremely good.

FREE FEED FRIDAY—BREAKFAST
The Soupees Breakfast has started with big turn up today. Don’t forget all children are invited to come and have breakfast in the hall from 8:30 am on Fridays with Gavin, Linda, Chris & Sue providing all the necessary ingredients!

HEADLICE
Only a few cases of head lice have been identified this week. Please keep a vigilant watch and treat as required. Tying back long hair will be a very good strategy to adopt also to assist in the avoidance of becoming affected.

FOR YOUR INFORMATION
UNIVERSITY OF NSW COMPETITIONS
The result certificates for the Computer Skills Competition will be presented at Monday Assembly. The next competition will be English on Wednesday 31st July.
Malcolm Aspinall
Principal

Our Lovely Hayley will be competing in The Age Melbourne Run this Sunday 21st July.
If you would like to sponsor Hayley please contact the office. Donations will be accepted next week
GO HAYLEY!

P.A. FUNDRAISING NEWS
UPCOMING EVENTS
After our meeting on Tuesday 16th we have a few plans to tell you about for this term...
Chocolate Drive – each family will receive one box of Cadbury chocolates to sell later this term. Please let us know through the Office if you do not wish to take any chocolates – by email, phone, note or in person please. Otherwise, the chocolates will sell for $1 each.
Father’s Day Stall – our annual event is in the planning again for Friday 30th August. Items for those men in our lives will be priced from 50c to around $5 so start saving!
Footy Day – Tuesday 17th September – footy lunch will be available to order on the day. Information and orders closer to the event.
Shopping Tour – Saturday 9th November – we are taking bookings now at $60, which includes a 2 course lunch and a great fun day out! It is not necessarily about the shopping...but a great fun social day out without the children!!
Bunnings BBQ – put Saturday 9th December in your diary to come and help sell sausages for us!

We look forward to a busy and eventful term 3, and thank you for your support.
### Term 3, 2013 - Upwey Primary School

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**BEFORE & AFTER SCHOOL CARE**

Hi all.
On Monday 29th August, after school care will be having a fairy party. Children can bring fairy costumes to get changed into & we will be making wands, eating fairy bread & lots more fun fairy things to do.
If you would like to make a booking for what will be a really fun afternoon please come & see me or Kay G.

**What’s on next week?**
- **MONDAY** - Sand pictures
- **TUESDAY** - Cooking
- **WEDNESDAY** - Games in the hall
- **THURSDAY** - Paper flowers
- **FRIDAY** - Games afternoon. Musical statues, twist-er, giants treasure etc.

Hope you all have a great weekend & see you Monday.
Sam.

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**19th July - 26th July**

**LAURA**

**Happy Birthday**

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**Semester 2 EMA**

Semester 2 EMA is now due. If you have a current Health Care Card valid for the 15th July and have already applied at the beginning of this year, you need not do anything. If your Health Care card has expired please contact Centrelink to renew your Card to be valid on the 15th July.
Applications close 2nd August. If you did not apply for EMA period 1 and you now wish to apply for EMA period 2 please collect a form from the office.
If you qualify for EMA Period 2 please reduce your account by $60 for preps and/or $45 for years 1-6.

We would like to make you aware that under government changes to the EMA allocation and school component guidelines we are finding it more difficult to receive funds for school purposes, to fund our school budget items.
Asthma tips for Parents and Carers this Winter

Winter can be a hard time for people with asthma as could weather, coughs, colds and the flu can bring on more symptoms and attacks.

The common cold is caused by a virus and it is important to try not to cough and sneeze near other people, and to wash hands properly to prevent passing on the infection. The flu is different to the common cold and can be a much more serious viral infection.

People with asthma are recommended to have an annual influenza vaccination (the flu shot). Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu.

Make sure your child’s asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell.

Some medications and herbal remedies that we use for colds and flu can make asthma worse. Speak to your doctor or pharmacist about any concerns you may have.

Antibiotics are not normally prescribed for the common cold, or influenza, as these medications will not help a cold get better. Effective medications may include paracetamol and decongestants; however seek advice from your doctor or pharmacist before purchasing them for your child.

Suggested remedies for the flu and the common cold are: rest, staying hydrated by drinking plenty of water, staying away from cigarette smoke, using steam inhalation, gargling with salty water for a sore throat and seeking medical advice if concerned at any time.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - www.betterhealth.vic.gov.au and the NPS website - www.nps.org.au. Contact The Asthma Foundation of Victoria on 1800 ASTHMA (1800 278 462) or www.asthma.org.au.

Fun and Rewarding Instructional Drawing Sessions Using Oil Pastels

All of the materials are included in the price! All classes are run by a qualified Primary Teacher

When: Classes begin on Friday, 3rd of August and will run for 5 consecutive weeks

Where: Burrinja Cultural Centre
crn Glenfern Road and Matson Drive, Upwey, VIC

Cost: $50 for 5 sessions (parents are welcome)

Bookings: To confirm enrolment please call Pereena on 0405 235 406

Dads Matter

What Kids Really Need From Their Dads

- Would you like to have, and keep, a strong positive connection with your kids?
- Would you like to know just how important you are to your child’s life?
- Are you interested to find out more about what your kids need from you and how you can best help them?
- Would you like to better understand and handle feelings in yourself and others?
- Do you want to explore the meaning of your child’s behaviour and gain a positive and effective approach to parenting and discipline?

Who: Dads of children under 12

Where: Anglicare, 47 Castella Street, Lilydale

When: Saturday 27th July and 10th August
10.00 – 3.00 pm

Cost: Free (bookings essential)

Contact: Kim at Parentzone 9735 6146
Furs n’ Feathers Pet Feeding Service
Have your pets cared for and fed in your own home while you’re on holiday, minimising your pet’s stress. Professional, reliable trustworthy care for your pets by a local husband and wife team with years of experience caring for pets. All pets catered for and full service provided, inc:
- Feeding pets
- Dog walking
- Collecting mail
- Wheelie bins in/out
- Plants watered
- Pets cuddled and played with

Call Lola or Maurice for information or queries on mob: 0437 940745
Police Checks and References available

NOTICES SENT HOME
• Student details, Emergency contact and work contact update
• Years 5 & 6 Camp to Forest
  Lodge, deposit & consent form

Sherbrooke Suns Championship
This Sunday 21st July at Belgrave Heights Christian School the Sherbrooke Suns Championship Men and Women both take the court for their final home games of the season. Both teams are facing the Ringwood Hawks with the Championship Women tipping at 1pm and the Championship Men taking the court at 3pm. GO SUNS!

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